

Marvin Ridge High School Band

July 10, 2010

Dear Band Member:

I hope that this letter finds you eager to get the new marching band season underway. This year should prove to be a really great one for the Marvin Ridge Marching Band.

Things are looking tremendously well at this point. The staff is complete and they are looking forward to the fall season. With our combined efforts we will not only meet, but exceed our goals for this coming year. Of course, our largest and most important goal is being the best that we can be. Please be getting used to the heat by being outside and play your instrument a few times a week. Please have the opener memorized along with the warm ups. This will help us get a head start.

The band will have camp at Marvin Ridge High School, Aug. 2nd-5th and Aug. 9th-13th. This is a change from last year. All students are expected to attend this band camp if you expect to march with the Marvin Ridge Marching Band. Please find enclosed a checklist of items to bring to camp. Medical forms including vaccination records and a legible photo copy of current insurance card are due **the first day** of band camp if you did not fill one out at music camp. A Notary will be on hand to witness your signature on your medical form. Please be ready to turn in all of the necessary paperwork on the first day of camp. This includes all contracts and information sheets passed out to you. Please check Charms or the website first for any forms, dates, or times.

Your second payment of fees is due August 2 and your first payment would now be considered past due if it has not already been made. I will not write you in the drill if you have not made your first payment of \$145.00 by July 17 or contacted Mrs. Titus, Mrs. Lacy, or either of the directors. If you have a problem paying your fees, please contact Karen Lacy (704) 506-1872, Mr. James (704) 661-1278 or Jennifer Isenhour (336) 225-0844. All checks should be made payable to the Marvin Ridge Band Boosters. Please bring or send these to:

Marvin Ridge HS Band Boosters
2825 Crane Road
Waxhaw, NC 28173

Camp rehearsals are mandatory for all students who plan to march in the fall. Remember to bring a sack lunch. Some band forms are provided in this packet if you have not already turned one of these in. All parents must fill out a band volunteer form if you do not have one on file and you may pick that up at the booster meeting on August 10th. A schedule of band camp is provided in this mailing. If you have any questions, please check the web site first, if not then call me. The school number is listed above.

I know that you are as excited as I am about the upcoming marching band season. I feel that we can make it the best year ever if we have everyone's full commitment. You should be ready! **Remember that a successful band has a successful attitude!**

Sincerely,

Keith James
Jennifer Isenhour
Directors

Band Booster President: Karen Lacy (704) 506-1872 karenmrbb@gmail.com.

Band Booster Announcement:
Band Parent Meeting Tuesday, Aug.10^h 7:00pm
Preview Show Thursday Aug.19th 6:30 pm

TO: Band Parents and Band Students
FROM: Keith James
RE: Marvin Ridge HS Marching Band
DATE: July 10, 2010

Welcome marching band students and parents to the 2010 Marvin Ridge HS Marching Band. Our marching band is one of the up and coming band programs in the state of North Carolina. We have students who work hard and want an outstanding program.

Please read very carefully all of the information that you are receiving concerning the marching band and feel free to call me if you have any questions. The marching band program involves after school and night rehearsals as well as weekend performances. However, all of the hard work will be worth it in the end!

WORK

Band students can and do have jobs, but keep in mind that they are students first. Please schedule all work commitments around the marching band schedule.

BAND CAMP

We will have two week of camp in August when we will learn the entire show. The purpose of these two weeks will be to memorize the show music and learn the marching formations. Camp times are listed on a separate sheet. Practice will be both inside and outside. Many hours will be spent outside during camp since we need to finish the drill (the formations and movement of the students on the field). **ALL STUDENTS** must attend camp.

FALL PRACTICE

Students will practice on Tuesday and Thursday afternoons (3:30 – 6:45) every week except on school holidays. Drum line and Color Guard will have an extra practice either on Monday or Wednesday afternoons. Sometimes it may be necessary to practice on a teacher workday.

FOOTBALL GAMES

The band plays at most home and away football games. Students must sit with the band during the entire game. They are given a 3rd quarter break most of the time. Sometimes it is necessary to keep all of our students together and not have a break, but the directors determine these instances. **Please reserve all Friday nights during the fall football schedule.** Also, we will attend any playoff games as long as we are still playing football past the regular season.

CONTESTS

The band competes at various marching band contests each year beginning in September and finishing in early November. No absences will be excused, except for family emergencies and sickness. An absence will hurt the overall band performance and has a direct affect on the outcome of our performance and placement.

PARENTS

Parents are encouraged to come to practices and to all performances. Most of our students who have gone on to attend college have reported that many of the values that are encouraged in band also help them to deal with college life. Please feel free to call me anytime if you have a concern at 704-290-1520 or 704-661-1278. Please be sure to attend the band parent meeting on Aug. 10th at 7 pm at the school. This meeting is very important to ensure success for all involved.

BAND PAYMENT DATES

June 1 \$145 deposit (non-refundable) and interest form due
Aug. 2 \$150 First day of Band Camp
Sept. 1 \$150
Oct. 1 \$150

REMINDERS

- Eat breakfast every day!
- Wait to drink any carbonated drinks at night.
- Drink lots of water or PowerAde / Gatorade during the day.
- Get plenty of sleep (more than 6 hours, please)

COSTS FOR BAND

- Band Fees have already been given out
- Shoes (special marching shoes)\$36.00 Shoe day is Aug. 5th. Separate check for shoes must be paid by or on Aug 5th or shoes will NOT be ordered for your child. You will have to order separately and pay your own shipping

BAND CAMP DATES – REMEMBER, BAND CAMP IS MANDATORY

Full Band Camp (includes everyone) – Aug. 2nd – Aug. 13th

Schedule is included in this packet! Please post where you can see it everyday!

***** No leaving campus during band camp*****

PRACTICE SCHEDULE AFTER BAND CAMP

Aug 17, 18 5:00 – 9:00 Full band
Aug. 19 Band Preview 5:00-8:30
Aug. 23 5:00-9:00

School Year Practices are as follows:

Tuesday & Thursday 3:30-6:45
Monday/Wednesday Guard/Battery (Pit Percussion at times, TBA)
Some Friday and Saturday practices as per schedule already given out

PERFORMANCES

- **Reserve all Friday nights during football season for football games.**
- Saturdays are for contests – Currently scheduled dates are as follows:
 - September 4 (Parade), 11, and 25
 - October 2, 16, 23, and 30
 - November 6
- **October 9th Saturday is when the SAT is given and you should sign up for this date if you plan to take the SAT.** Those who plan to take the ACT will have to wait until Dec. to take the test. Do not sign up for the November 6th SAT date.
- Remember, each member is required to attend all performances and rehearsals to maintain his/her active status in the marching band.

Band Camp Schedule

(As of July 10, 2010)

(Times are approximate & are subject to change based on other activities on campus; locations will be announced during morning exercise or at the end of rehearsal.)

Aug. 2/9	Monday	7:45	Band Room open
		8:00	Leadership Meeting
		8:15 – 8:40	Brief Meeting, collecting forms and fees
		8:45 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:00	Music
		5:00 – 5:45	Dinner (Provided)
		5:45 – 6:15	Group/Dot Book Time
6:15 – 9:00	Marching		
Aug. 3/10	Tuesday	8:00-8:15	Leadership Meeting on field
		8:15 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:00	Music
		5:00 – 5:45	Dinner (Provided)
		5:45 – 6:15	Group/Dot Book Time
		6:15 – 9:00	Marching
Aug. 4/11	Wednesday	8:00-8:15	Leadership Meeting on field
		8:15 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:00	Music
		5:00 – 5:45	Dinner (Provided)
		5:45 – 6:15	Group/Dot Book Time
		6:15 – 9:00	Marching
Aug. 5	Thursday	8:00-8:15	Leadership Meeting on field
		8:15 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:00	Music
		5:00 – 5:45	Dinner (Provided)
		5:45 – 6:15	Group/Dot Book Time
		6:15 – 9:00	Marching
Aug. 12	Thursday	8:00-8:15	Leadership Meeting on field
		8:15 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:00	Music

PLEASE NOTE CHANGE

Aug.13	Friday	8:00-8:15	Leadership Meeting on field
		8:15 – 12:00	Marching
		12:00 – 12:50	Lunch
		12:50 – 5:30	Music

Tuesday, August 17, Wednesday, August 18, 5:00-9:00
Thursday, August 19 at MRHS Parent Preview 6:30

Band reports 5:00, ends at 8:30

FRIDAY, August 20, First Home Football Game report time 5:00

Marvin Ridge High School Band

“BLANKET” PERMISSION TO PARTICIPATE IN BAND OF SCHOOL SPONSORED FIELD TRIPS

I hereby request that (Student’s Name-PLEASE PRINT):

be allowed to participate in band field trips. I understand that transportation may or may not be provided by the Union County School District (District). In the event transportation is not provided by the District, transportation will be the student’s responsibility.

Detailed trip information, including destination, date, time of departure, time of return, and purpose, should be given in writing to the parents at least one (1) day prior to each trip.

The District does not or may not carry any insurance relative to the trip, including the cost of the trip, or for injuries to the student. I represent that the student has insurance either through the student accident insurance offered by the District or through my own insurance carrier.

If any emergency medical procedures or treatment are required by the student during the trip, I consent to the trip supervisor(s) taking, arranging for, and consenting to the procedures or treatment in his/her or their discretion.

I agree to release, indemnify, and hold harmless the Union County School District (District), its Board of Education, and its employees, agents, or assignees, as well as its approved adult trip supervisors (“District Indemnities”) from and forever promise not to sue them on any and all claims, demands, rights, causes of action, liabilities, losses, damages, costs and expenses (including reasonable attorneys’ fees), whether known or unknown, that I, any other parent or guardian of the above-named student, or the student may have or may allege to have against the District Indemnities or which may be brought against the District Indemnities arising out of or in any manner relating to the student’s participation in the field trips, including but not limited to the rendering of emergency medical procedures or treatment.

NOTE: This form must be signed by student if the student is 18 years of age or older.

Name of Student (PLEASE PRINT) _____

Signature of Student Date: _____

Name of Parent/Guardian (PLEASE PRINT) _____

Signature of Parent/Guardian Date: _____

The Summer Marching Band Camp Survival Guide 2010

The Band Camp (BC) is not the worst thing in the world. The worst thing in the world is to come unprepared! Hopefully this information will help you arrive prepared, and more importantly, survive. When arriving to summer activities, make sure you park in the 2nd row teacher's parking lot in front of the band room. Students cannot park in the bus area by the band room. All students and parents must use the band room door for summer activities on the bus side of the building.

Band Camp Checklist

Please ensure you have the following items:

Mandatory Items –

- T-shirt, white, no writing, will be used for all outside drill
- Shorts (black, dark blue, MR PE Shorts) no other colors please
- Socks and comfortable sneakers (no sandals) NO Open Toe Shoes
- Hat
- Sunscreen (50 or above)
- Your instrument (yes, students have actually forgotten their instruments)
- Pencils/ highlighter (sharpened with erasers)
- Binder for Music – Dot books will be given out
- Gold Bond Powder or Powder with cornstarch
- Flip folders and lyres for wind players and percussion (Available at Music and Arts)

Woodwind players will receive one reed for the season. If broken, you need to replace it at your cost.

Big Water bottle with name on it (Quart size!)

All forms, band fee, and ...

Optional Items

- Bug spray (optional – but a lifesaver if they are biting)
- Chap stick (optional)
- Sunglasses
- Additional clothes for afternoon/evening session (optional)
- Cell phones must be kept in cars or with personal gear. At no time should students have them on their person during rehearsal/sectional times.

WATER, WATER, and WATER:

You must stay hydrated, you will sweat a lot during BC, and it's hot on the field and the pavement in the morning. NO CAFFEINE or carbonated beverages with caffeine, avoid sugar-loaded drinks (Kool-aid or juice) - it dehydrates you. Water, Gatorade, and Power Aid are best; other sports drinks are ok in addition to water! Did I mention Water? The staff will have water and/or Gatorade available for breaks. You must bring a water bottle. You should clean the water bottle each day.

Clothing and Shoes:

Be comfortable, it will be hot, wear shorts; as written above, No short shorts (if you wonder if your shorts are too short, then they probably are). T-Shirts – white with no writing on them, comfy shoes are a must, no flip-flops or sandals. No skater shoes; bring two (2) pairs of sneakers in case it rains and one pair gets wet.

Sunscreen:

Sunburn is a given during BC, even if you never wear sunscreen, you will need it at BC. You should use 30 or above sunscreen.

Hat:

It will keep the sun out of your eyes and protect the top of your head from the sun.

Chap stick:

Only if you think you need it – may be helpful for brass players. Be sure to get chap stick with sunscreen. Camphophenique is recommended for inside blister problems.

Food:

Please eat a healthy meal; contrary to what you think, food in your stomach will not sit like a lump while you are marching. You must have something for breakfast each morning prior to coming to band camp. Your body needs fuel to perform at the level necessary for Summer Band. Avoid all caffeine, greasy foods, carbonated drinks with caffeine, excessive candy or sweets, and dairy foods. You may not leave campus for lunch. BRING your lunch! The cafeteria is where we will eat and do not forget your lunch! The dinner is provided by the band boosters. Eat a banana every day as a good source of potassium. Did we mention to drink plenty of water?

Tips for Success:

- **Expect to work and work really hard.** Expect a suntan or sunburn, with tan lines from your t-shirt and socks, expect to be sore and tired. Expect to learn, work hard, and maintain a positive attitude. Expect the unexpected, just ask some of the returning band members to tell their “band camp” stories from last year. There is nothing to fear about the BC experience, after it is over, you will look forward to returning next year. The staff and leadership team will work hard to provide a nurturing environment for the members of the marching band. We look forward to a good camp, and a lot of teamwork and fun.
- **Show up.** BC is mandatory; you will need to arrange family vacations, doctor’s visits, jobs, senior pictures, and family time at a time other than during BC unless you have spoken to Mr. James about it. You must attend ALL rehearsals with no interruptions. The time spent at BC is like 6 weeks of regular rehearsals. We will learn our music and get much of our drill on the field. If one person is missing, the entire band needs to review what was missed when you come back; it slows everyone down.
- **Be on Time.** If you are early, you are on time, if you are on time you are LATE. You are responsible for being on time. You take full responsibility. The exception for band camp at the high school is if you call the band room BEFORE you are supposed to arrive and explain the trouble. Band Office Phone number 704-290-1520 ext. 5507.
- **Behave.** You are a young adult. The staff and leadership are there for your benefit. If you work really hard they will take note – as well as the other members around you. Behaving also tends to get things done a lot more quickly.
- **Keep cool.** Physically and mentally, first make sure you are not overheated (water, water, water) but also keep a calm mind. Keep trying and listen graciously to advice and you WILL eventually get it. We are here to help and work together for the same goals.
- **Be Flexible.** During most of the camp, we will stay on schedule but there are other groups at Marvin Ridge High during the same time. We will need to stay in the Fine Arts Wing and cafeteria area when inside, at no time can students wander to other parts of the building. We may have to make minor changes due to weather conditions. Announcements will be made during the morning exercise, and at evening activities.
- **Respect.** Respect the director, staff, leadership, your peers, section leaders, and parents that are helping. Marching Band Camp is really hard work, but you will find that working hard and then seeing the results of that hard work is something to be really proud of. Remember, excellence is not just for sometime, excellence is for all the time. We perform the way we rehearse.

Marvin Ridge High School Band Boosters

EMERGENCY TREATMENT MEDICAL RELEASE FORM

For Band Records for All Activities

(To be completed for every minor and adult participating in band activities)

NAME _____ AGE _____

ADDRESS _____
Street/Route City State Zip

PARENT OR GUARDIAN NAME _____

HOME TELEPHONE (_____) _____ WORK TELEPHONE (_____) _____

CELL TELEPHONE (_____) _____

DATE OF BIRTH _____ SOC. SEC. NO. _____

NAME OF PARENT CARRYING INSURANCE ON STUDENT _____
(Please furnish us with a copy of your insurance card for these records)

INSURANCE COMPANY _____ POLICY NO. _____

The person named above has permission to participate in all Marvin Ridge Band activities and trips, both in-county and out-of-county, in addition to out-of-state. All such trips and/or activities are first approved by the Marvin Ridge High School and county school administrations and are subject to such policies and regulations as are currently in use by the school and the Union County Schools administrative unit. The Health History I have provided for this person on the back of this form is correct to the best of my knowledge. I know of no reason(s), other than the information on this form, why my child should not participate in Band activities. IN ADDITION, I agree to the following:

INSURANCE COVERAGE: Parents agree to either carry Marvin Ridge HS/MS "school insurance" or have the student covered by another insurance policy at all times during his/her participation period. Parents understand that school insurance ***is not in force*** during the summer months when school is not in session, even if teachers are officially at work.

LIABILITY: In case of accident, illness, or injury the parents will not hold responsible the Union County School System, its employees (including the MRHS/MS administration and Band Director(s)), band booster employees or volunteers, or the Marvin Ridge Band Booster Organization for circumstances beyond their reasonable control.

EMERGENCY AUTHORIZATION: I hereby give permission to the medical personnel selected by the adult in charge to order X-rays, routine tests and treatment for me/my child. ***In the event I cannot be reached in an emergency***, I hereby give permission to the physician or hospital personnel selected by the adult in charge to hospitalize, secure proper treatment for and to order medications, injections, anesthesia, or surgery for me/my child as named above. This form may be photocopied for use off-site.

If I cannot be reached in the event of an emergency, the following person is authorized to act in my behalf:

NAME _____ RELATIONSHIP _____

DAY TELEPHONE (_____) _____ EVENING TELEPHONE (_____) _____

PARENT SIGNATURE _____ DATE _____

Sworn Before Me _____
(Date)

My Commission Expires _____

HEALTH HISTORY FORM

(To be filled out completely by parent or guardian)

NAME _____ BIRTHDATE _____

NAME OF FAMILY PHYSICIAN _____

PHYSICIAN'S ADDRESS _____
Street/Route City State Zip

PHYSICIAN'S PHONE NUMBER (_____) _____

DATE OF LAST PHYSICAL EXAMINATION _____

HEALTH HISTORY AND IMMUNIZATION RECORD: (Please check and include dates where appropriate.)

CHRONIC OR RECURRING ILLNESSES:

_____ Asthma
 _____ Convulsions
 _____ Diabetes
 _____ Lung Disease
 _____ Hepatitis
 _____ Ear Infections
 _____ Heart Disease
 _____ Kidney Disease
 _____ Bone Disease
 _____ Epilepsy
 _____ Malaria
 _____ Other (Specify)

OTHER HEALTH CONDITIONS:

_____ Emotional Disturbances
 _____ Fainting
 _____ Hearing Impairment
 _____ Menstrual Cramps
 _____ Motion Sickness
 _____ Nosebleeds
 _____ Sickle Cell Anemia
 _____ Special Diet
 _____ Contact Lenses
 _____ Glasses
 _____ Other (Specify)

IMMUNIZATIONS: (Include dates or attach copy of immunization record)

_____ DPT
 _____ Measles
 _____ Mumps
 _____ Rubella
 _____ Oral Polio
 _____ Tuberculin Test _____ Type
 _____ Tetanus Booster

ALLERGIES:

_____ Aspirin
 _____ Penicillin
 _____ Sulfa Drugs
 _____ Tetracycline
 _____ Hay Fever
 _____ Insect Stings (Specify)
 _____ Other Medications
 (Specify)

MEDICATION(S) PRESENTLY BEING TAKEN (list for what reason) _____

(On every trip, a list of current medications and the directions for taking them needs to be sent with the student.)

HISTORY OF OPERATIONS OR SERIOUS ILLNESSES _____

OTHER HEALTH-RELATED INFORMATION _____
